

Would like to volunteer in order *to reverse the degradation of the Bagmati River*? Come and join us!

Friends of the Bagmati (FoB) offers a number of different volunteer opportunities from 1 to 12 months (local environmental projects through expeditions to small towns of Nepal that provide an wonderful working holiday experience).

The types of projects you can assist include:

- River conservation awareness programs at schools
- River cleaning up programs and tree planting
- Conservation workshops, events and celebrations
- Biodiversity surveys and monitoring
- Research and Advocacy
- River Resource Center Development
- Heritage conservation
- Fund Raising Strategy

Conservation Experience is an amazing way to enjoy the beautiful Nepalese environment while making a contribution to its practical conservation. You volunteer as part of a team and get to meet people from across the world.

## Policies

**Insurance Policy:** We do not offer any medical and/or emergency evacuation insurance services. Hence, we request volunteers to arrange their own insurance.

**Safety Policy:** Most of the projects of the Friends of the Bagmati are based in Kathmandu. Though few projects are designed for out of the valley, we are taking special consideration on the safety of the volunteers while designating the projects. The efforts made to ensure volunteer safety include:

- 24-hour telephone contact point at the Friends of the Bagmati to handle any emergency situation(s)
- Daily monitoring of Consular Information Sheets and Public Announcements. We will follow respective national government instructions for volunteer evacuation and suspension of programs as required.
- Safe storage of valuables at the Friends of the Bagmati office.

## Costs

Volunteer Participation Fee costs depend on the duration of involvement and nature of project in which the volunteer would like to be involved with. However, the *application fee* is US\$ 50 for all applicants. The application fee covers administration, electronic news bulletin subscription, communication and support during arrival and departure. All applicants will automatically become a **general member** of the Friends of the Bagmati.

Days	Individual Rate (US \$ / Person)	Group Rate (US \$ / Person)		
		4-6 pax	7-10 pax	More pax
30	750	700	650	600
60	1200	1100	1000	900
90	1300	1200	1100	1000
120	1500	1300	1200	1100
150	1800	1600	1500	1400
365	2500	2300	2200	2100

#### Participation Fee

If any volunteer want to have Nepali counterpart during their placement they have to raise additional fund for their counterpart. Counter part costs are 75 percents of participation fee.

The *participation fee* covers administrative expenses, orientation, accommodation and meals during your stay in Nepal, transportation, FoB T-shirt and a short tour to small towns/villages of Nepal.

The total of **30%** of money paid as *participation fee* will be used as **project cost**.

In addition to the costs mentioned above you need to cover the following costs:

Return tickets, Visa Fee (please check the links <u>http://www.immi.gov.np/touristvisa.php</u> and <u>http://www.immi.gov.np/nontouristvisa.php</u> for visa requirements depending on the duration of your stay in Nepal), vaccines, insurance, and personal expenses.

During your stay in Nepal, you can also identify, design and execute new project(s) in association with the Friends of the Bagmati.

### Miscellaneous

- Please inform us at the time of application if you have any medical conditions and/or past injuries that may affect your participation
- The payment is subject to a cancellation fee of 20% up to 30 days before commencement, 40% up to 14 days before commencement, and 100% within 14 days of commencement

### Calendar

We can arrange placements for volunteers at any time throughout the year. Please write to us to know about the specific projects and their timeline.

### **Contact Points**

We do not have any liaison offices abroad. But we do have contact persons in Germany, USA, and Singapore.

It's easy to get involved! Simply email us on: <u>info@friendsofthebagmati.org.np</u> or <u>fob@dwarikas.com</u> or give us a call on +(977-1) 4470 770, Kathmandu.

# http://www.friendsofthebagmati.org.np/

Would you like to support our Volunteers? E-mail us to make a Donation!